

Transition Kentish Town

THE TRAIL of

WELLBEING

Sat. 17th June 11am-5pm

1

WELL BEEING GARDEN

at the James Wigg practice in Bartholomew Road will be open from 11am-12:30, join us for a laughing yoga session

2

KENTISH TOWN STATION

Stop for live music at the 'Platform 1 Cottage Garden' at KT train station between 1:00-2:30pm

3

CAMDEN AIR ACTION

Stop at our pop up Camden Air Action stall and find out how green spaces help counter pollution

4

THE LISTENING SPACE

The day will finish at 'The Listening Space' at The Caversham Group Practice in Peckwater Street 3pm-5pm where free tea and herb scones will be served!